

URBAN WILDLIFE CHRONICLES EGUIDE



ROBIN

HOW TO SPOT ME?

- We have a bright orange-red chest, gray back, and a cheerful presence.
- Watch for our signature “run-stop-peck” pattern on grass as we hunt for worms.
- Listen for our clear, sweet song: “Cheerily, cheer-up, cheerio!”

DID YOU KNOW?

American Robins are often the first bird to sing at dawn, even before sunrise. They’re also one of the earliest signs of spring—but in some places, they stay all year!

HOW TO PROTECT ME?

- Avoid spraying lawns with pesticides—robins eat worms and insects that absorb those chemicals.
- Let your yard be a little wild: leave leaf litter, plant native shrubs, and offer water sources.
- Keep cats indoors, especially during nesting season.

REFLECTION PROMPT

What’s your favorite sound in nature—and how does it change the way you feel in the moment?



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