

# URBAN WILDLIFE CHRONICLES EGUIDE



## ROOSEVELT ELK

### HOW TO SPOT ME?

- Look in forest edges, grassy clearings, and coastal meadows—especially at dawn or dusk.
- I'm massive, with a tawny brown body, thick neck, dark legs, and a pale rump patch.
- Bulls have impressive antlers that they shed each winter. In autumn, listen for our bugling calls during rutting season.

### DID YOU KNOW?

Roosevelt Elk can weigh up to 1,100 pounds, yet move silently through thick forest. They live in matriarchal herds, and bulls only join during the breeding season. Their presence is crucial to shaping forest ecosystems.

### HOW TO PROTECT ME?

- Drive carefully through elk zones—collisions are dangerous for us and you.
- Support the conservation of intact forests and wildlife corridors.
- Never approach—especially during calving or rutting season. Observe from a respectful distance with binoculars or a zoom lens.

### REFLECTION PROMPT

What parts of your life deserve more quiet strength—and how can you move through the world with grounded presence?



### JOIN THE COMMUNITY

Use the hashtag #UrbanWildlifeChronicles  
Scan to follow & share your sightings!

