

URBAN WILDLIFE CHRONICLES EGUIDE



DUNLIN

HOW TO SPOT ME?

- Look along mudflats, sandy shorelines, and tidal estuaries, especially in the cooler months.
- I'm a small, plump shorebird with a slightly down-curved bill, grayish back, and white belly in winter; in summer, I wear a black belly patch and rusty tones.
- Watch for me moving quickly in little groups, probing the mud for food—or flying in synchronized flocks that ripple like waves.

DID YOU KNOW?

Dunlins migrate thousands of kilometers between their Arctic breeding grounds and coastal wintering sites—including Vancouver Island. Their tightly coordinated flocks may help avoid predators and confuse attackers, creating one of nature's most mesmerizing sky dances.

HOW TO PROTECT ME?

- Keep dogs leashed near shorebird feeding areas—especially during migration when energy is precious.
- Support wetland and estuary protection—they're critical refueling stops on long migrations.
- Observe from a distance with binoculars to avoid flushing resting flocks.

REFLECTION PROMPT

When have you felt most in sync—with others, with nature, or with a rhythm larger than yourself?



JOIN THE COMMUNITY

Use the hashtag #UrbanWildlifeChronicles
Scan to follow & share your sightings!

