

URBAN WILDLIFE CHRONICLES EGUIDE



BALD EAGLE

HOW TO SPOT ME?

- Look near coastlines, rivers, estuaries, and tall trees with a view—especially in winter when fish are plentiful.
- Adults are striking with white heads and tails, yellow beaks, and huge dark wingspans.
- Juveniles are all brown with speckles and are often mistaken for hawks.

DID YOU KNOW?

Bald Eagles don't get their white head and tail until they're about 5 years old.

They also build some of the largest nests in the world—up to 13 feet deep and 8 feet wide, used and added to year after year.

HOW TO PROTECT ME?

- Support the protection of old-growth trees and tall snags—we nest high and wide.
- Keep your distance during nesting season (February–August). Use binoculars or zoom lenses.
- Advocate for clean waterways—pollution affects our food sources like fish and waterfowl.

REFLECTION PROMPT

Where do you feel most free to rise above—and what helps you see the bigger picture?



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