

URBAN WILDLIFE CHRONICLES EGUIDE



ANNA'S HUMMINGBIRD

HOW TO SPOT ME?

- Look for me in backyards, city gardens, and parks—especially near red or tubular flowers, feeders, or flowering trees.
- I'm small, fast, and iridescent. Males flash bright pink or magenta gorgets in sunlight, while females are more subtle with green backs and pale bellies.
- You'll often hear my sharp "tik-tik-tik" calls or the hum of my wings before you see me.

DID YOU KNOW?

Anna's Hummingbirds are one of the few hummingbirds that overwinter in Canada—thanks in part to urban flowers and feeders.

HOW TO PROTECT ME?

- Keep nectar feeders clean: change every 2–3 days in summer and every 4–5 days in cooler temps. (Use a mix of 1 part sugar to 4 parts water—no dye!)
- Plant native flowering plants like red-flowering currant, honeysuckle, and salal.
- Avoid pesticides—hummingbirds also eat tiny insects and spiders for protein.

REFLECTION PROMPT

What small, vibrant part of your life gives you energy—even on your slowest days?



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