

URBAN WILDLIFE CHRONICLES EGUIDE



BLACK-CAPPED CHICKADEE

HOW TO SPOT ME?

- Look in city parks, wooded areas, and backyards with trees or shrubs.
- Listen for their signature “chicka-dee-dee-dee” call or soft whistled “fee-bee.”
- They move quickly and love to flit between branches or feeders.

DID YOU KNOW?

Chickadees have incredible memories! They can hide hundreds of food items and remember where they put each one even weeks later.

HOW TO PROTECT ME?

- Put out a seed feeder with black oil sunflower seeds or suet in the winter.
- Avoid using pesticides—they can contaminate the insects chickadees eat.
- Leave native shrubs or dead trees when safe—they use cavities for nesting.

REFLECTION PROMPT

What’s one small sound or moment in nature that brings you a sense of calm?



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